

Morning Prayer for use on Saturdays during ordinary time –

the Monday after Pentecost until the day before All Saints Sunday and from the 3rd February until Shrove Tuesday.

Preparation

O Lord, open our lips
and our mouth shall proclaim your praise.

A Song of God's Praise

- 1 O God, you are my God; eagerly I seek you;
 my soul is a thirst for you.
- 2 My flesh also faints for you,
 as in a dry and thirsty land where there is no water.
- 3 So would I gaze upon you in your holy place,
 that I might behold your power and your glory.
- 4 Your loving-kindness is better than life itself
 and so my lips shall praise you.
- 5 I will bless you as long as I live
 and lift up my hands in your name.
- 6 My soul shall be satisfied, as with marrow and fatness,
 and my mouth shall praise you with joyful lips,
- 7 When I remember you upon my bed
 and meditate on you in the watches of the night.
- 8 For you have been my helper
 and under the shadow of your wings will I rejoice.
- 9 My soul clings to you;
 your right hand shall hold me fast.

Psalm 63.1-9

**Glory to the Father and to the Son
 and to the Holy Spirit;
 as it was in the beginning is now
 and shall be for ever. Amen.**

The night has passed, and the day lies open before us;
 let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
 so may the light of your presence, O God,
 set our hearts on fire with love for you;
 now and for ever. **Amen.**

The Word of God

*The appointed psalms are said,
and each psalm or group of psalms may end with,*

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

A Song of Jerusalem our Mother,

***Refrain: Thus says our God, I will comfort you,
you shall see and your heart shall rejoice.***

1 'Rejoice with Jerusalem and be glad for her,
all you who love her,' says the Lord.

2 'Rejoice with her in joy,
all you who mourn over her,

3 'That you may drink deeply with delight
from her consoling breast.'

4 For thus says our God,
'You shall be nursed and carried on her arm.

5 'As a mother comforts her children,
so I will comfort you;

6 'You shall see and your heart shall rejoice;
you shall flourish like the grass of the fields.' *Isa. 66.10, 11a, 12a, 12c, 13a, 14*

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

***Refrain: Thus says our God, I will comfort you,
you shall see and your heart shall rejoice.***

Scripture Reading

A responsory follows

Your salvation is near to those who fear you;
that glory may dwell in our land.

**Your salvation is near to those who fear you;
that glory may dwell in our land.**

Mercy and truth have met together;
righteousness and peace have kissed each other.

That glory may dwell in our land.

Glory to the Father and to the Son
and to the Holy Spirit.

**Your salvation is near to those who fear you;
that glory may dwell in our land.**

from Psalm 85

Gospel Canticle: The Benedictus (The Song of Zechariah)

**Refrain: Shine on us, O God, who dwell in darkness,
and guide us into the way of peace.**

- 1 Blessed be the Lord the God of Israel,
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour,
born of the house of his servant David.
- 3 Through his holy prophets God promised of old
to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors,
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
- 6 Free to worship him without fear,
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation
by the forgiveness of all their sins.
- 9 In the tender compassion of our God
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace. *Luke 1.68-79*

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

**Refrain: Shine on us, O God, who dwell in darkness,
and guide us into the way of peace.**

Prayers

Intercessions are offered

- ¶ for the day and its tasks
- ¶ for the world and its needs
- ¶ for the Church and her life

- ¶ ***Our homes, families, friends and all whom we love***
- ¶ ***Those whose time is spent caring for others***
- ¶ ***Those who are close to death***
- ¶ ***Those who have lost hope***
- ¶ ***The worship of the Church***

We may use the response,
Lord, in your mercy. **Hear our prayer**

The Collect of the day is said

or

Grant, Lord,
 that we who are baptized into the death
 of your Son Jesus Christ
 may continually put to death our evil desires
 and be buried with him;
 and that through the grave and gate of death
 we may pass to our joyful resurrection;
 through his merits,
 who died was buried and rose again for us,
 your Son Jesus Christ our Lord.

Amen.

The Lord's Prayer is said

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
 hallowed be thy name;
 thy kingdom come;
 thy will be done;
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation;
 but deliver us from evil.
 For thine is the kingdom,
 the power and the glory,
 for ever and ever.
 Amen.**

A Hymn *may be sung.*

The Conclusion

The Lord bless us, and preserve us from all evil,
 and keep us in eternal life.

Amen.

Let us bless the Lord.

Thanks be to God.

